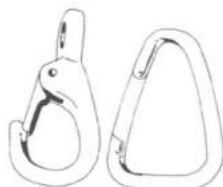


SUSPENSION THERAPY MCQs

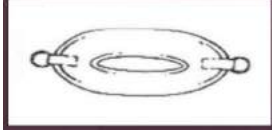
1. These are the principles under which suspension works, except
 - a. Friction
 - b. Against gravity
 - c. Eliminating gravity
 - d. Pendulum
 - e. None of above
2. Suspension therapy is used to support the body part and to reduce the pressure sore
 - a. Axial suspension
 - b. Vertical suspension
 - c. Pendular suspension
 - d. All of the above
3. In which type of suspension joint axis is taken as the point of the Suspension
 - a. Axial suspension
 - b. Vertical suspension
 - c. Pendular suspension
 - d. None of the above
4. Which type of suspension therapy is used to strengthen the muscles
 - a. Axial suspension
 - b. Vertical suspension
 - c. Pendular suspension
 - d. None of the above
5. Which type of suspension used for relaxations
 - a. Axial suspension
 - b. vertical suspension
 - c. pendular suspension
 - d. none of the above
6. The COG of the body part or the body is taken as the point of suspension in
 - a. Axial suspension
 - b. Vertical suspension
 - c. Pendular suspension
 - d. None of the above
7. Choose correct equipment name of given picture

- a. Pulley
- b. Sling



- c. Wooden clift
- d. Clip
- e. None of the above

8. Name of the equipment



- a. Single sling
- b. Three ring sling
- c. Double sling
- d. Head sling
- e. None of the above



9. Name of the suspension frame

- a. karabiner frame
- b. Guthrie frame
- c. axial frame
- d. none of the above



10. Name of the given instrument....

- a. karabiner clip
- b. Dog clip
- c. S- hook
- d. none of the above



11. Pulley rope in suspension therapy is used to _____.

- a. Elevate the part from the supporting surface
- b. Permits 3d pattern of movements
- c. Allow frictionless to and fro movements.
- d. All of the above

12. Movement in pendular suspension takes place in _____ plane.

- a. Horizontal
- b. Inclined plane
- c. Sagittal
- d. Frontal

13. In axial suspension the part rests in _____ position.

- a. Neutral
- b. Away from neutral
- c. Above the supporting surface
- d. Flexion

14. Pendular suspension is used to improve the JROM by shifting the fixed point ____
- Towards the direction of motion
 - Opposite to the direction of motion
 - Upward
 - Downward
15. In suspension therapy body part that is suspended, the movement take place
- Against the gravity
 - Gravity eliminated plans
 - Towards the gravity
 - None of the above
16. In shoulder joint, to improve extensor muscles the axis of suspension is shifted towards
- Extension movement
 - Flexion movement
 - No need to shift
 - COG of moving parts
17. During suspension therapy of hip abductor and adductor, position of patient is
- supine lying
 - prone lying
 - side lying
 - sitting position



18. Muscle of hip flexion is
- Gluteus maximus
 - Hamstring
 - Quadriceps
 - Iliacus

Answer key-

1. b 2. b 3. a 4. c 5. a
 6. b 7. d 8. d 9. b 10. b
 11. d 12. b 13. a 14. b 15. b
 16. b 17.

